



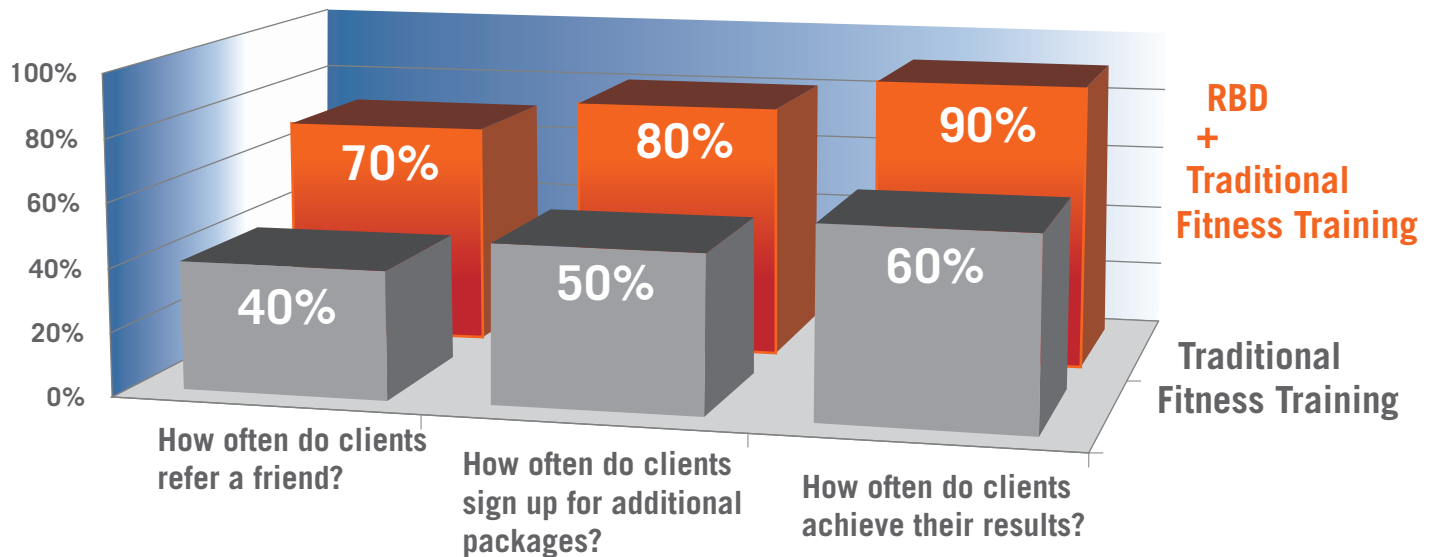
For RBD Partners

www.rbdfitness.com

RBD is Committed to Peak Performance

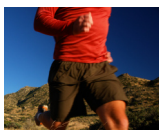
RBD Will Help You Succeed

In the fitness profession we all know if you don't produce results fast your clients will lose focus, plateau and quit.



- RBD will refer you clients
- RBD will work with your clients to cause breakthrough performance/results
- RBD will run special events for your product/service
- RBD will reward you with a bonus for your referrals
- RBD will teach you how to cause breakthrough performance with your clients

RBD Is



Training Camp Weekend Intensives

Training Camp:

1. Three in-person trainings
2. Including RBD On-line

RBD On-line



On-line 3 Month Training:

1. Clients choose their 3 month training
2. On-line Forms
3. Coaching
4. Optional Conference Calls

Our clients discover their love for health and well being.

... and Your Success

Your Service
+ Our Coaching

Unparalleled Results

RBD Technology

The traditional model for personal training tells us to “fix what is broken” and “try harder.” Within this traditional model of fixing and changing, one must be in touch with what is not working, (i.e. “I’m too fat, I can’t do it, or I am out of shape”). Thus, within this type of thinking your clients are trapped in their experience of what is not working; a self defeating pattern. Your clients identify themselves as what is not working. So, no matter the results, they judge themselves from what doesn’t work. Thus, whatever they have is never enough. They are trapped in a pattern of disempowering thinking and feeling which prevents them from achieving their goals.

Remarkable Body Development (RBD) is an educational training system that teaches people how to create new relationships with the thoughts, emotions, and excuses that stop them so they can achieve their goals. Regardless of their diet and exercise routine, your clients will inevitably come face to face with the power their excuses have over them. It is in this moment when most people quit. Thus, to create their desired results, your clients must be able to face their excuses and break through the power these excuses have over them. RBD will support your clients at doing just that.

RBD will support your clients at breaking through their excuses by providing a system that:

- Identifies your clients’ disempowering patterns and the associated thoughts and emotions;
- Teaches your clients how to interrupt the thoughts and emotions that trigger self-defeating patterns;
- Increases your clients’ focus, motivation, intentionality, commitment and drive; and
- Produces increased results

RBD Results

Client’s Insight:

*I haven’t been in a two-piece swimsuit since 1992!
The lessons I’ve learned through RBD are invaluable and profound. I discovered how I used food to escape my reality and cope with difficulties. Because of what I learned, I now have a new relationship with food, exercise and, above all else, myself. More importantly, I know that by using what I have learned from the coaching I received I can continue reaching my goals and maintain them for the rest of my life.*

– Connie Silva
(2007)



Before: 07/23/07

After: 10/14/07

“I haven’t been in a two-piece swimsuit since 1992!”

RBD Partner’s Insight:

Working with LET’s Remarkable Body Development completely transformed Core Fitness. We learned a new way to empower clients, shifting what is possible for them and, inevitably, my business. RBD’s distinctions and methodologies allow clients to have fun and enjoy healthy eating and exercise. This new found excitement made their sessions with me even more fulfilling. Referrals started rolling in and Core Fitness grew exponentially. The RBD difference is simple. Clients reach their goals faster and results are permanent. RBD is a natural and essential compliment to anyone in the fitness industry committed to making a difference.

– Peter Sieffert
Founder of Core Fitness
(2006)

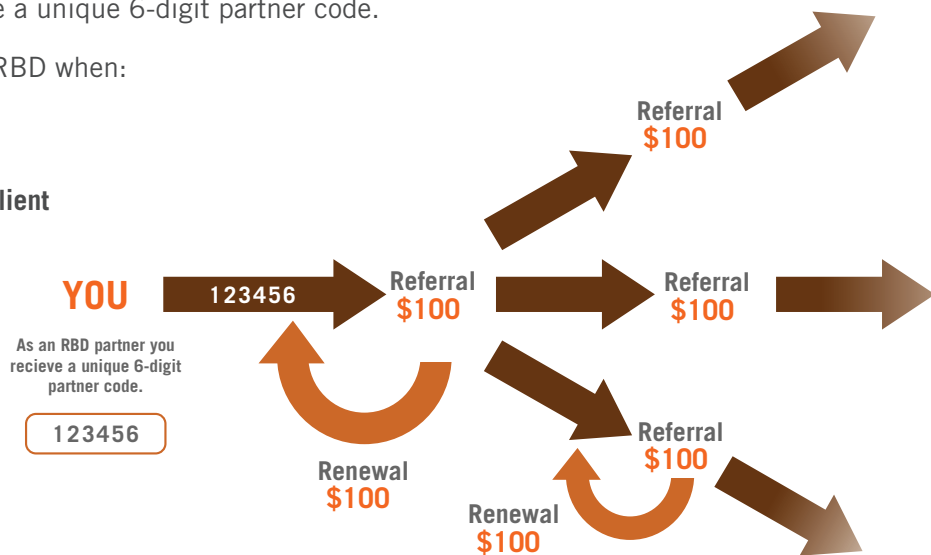
phone: (916) 749-3559

RBD Partner Bonus Rewards

As an RBD Partner you receive a unique 6-digit partner code.

You earn a \$100 bonus from RBD when:

- You refer a client
- Your client renews
- Your client refers a new client



Each time your code is used you receive a \$100 bonus. If your clients refer clients using your code, you will also receive the \$100 bonus. It does not matter how your code is used, your bonuses add up!

About Our RBD Staff and Coaches:

Remarkable Body Development is a coaching resource for people who are ready to transform their bodies. RBD addresses the one muscle that creates your body by choosing food and exercise - the mind. When shifting a mind from one that loves pizza and beer to one that loves salmon and green juice, a body is transformed. The key word is loves. RBD believes that all people love healthy eating and physical exercise, yet for one reason or another we have lost touch with our innate passion. RBD helps people regain their innate commitment to aliveness.

RBD Coaches are People Who:

- Know first hand the power of their mind and the potential that is trapped within all of us.
- Have made a commitment to be an unreasonable stand for the transformation of human beings' mind-body consciousness.
- Put their commitment to the transformation of others in front of their need to be liked or their need to look good.

RBD Coaches, Staff, and Clients know that all people can achieve beyond their limitations and create the body of their dreams. We look forward to the opportunity to work with you.

Become an RBD Coach:

If you are interested in learning more about becoming an RBD Coach please complete an RBD sign up sheet on the website and an RBD representative will contact you, or contact the RBD Office with any questions.

RBD Office:
support@rbdfitness.com
(916) 749-3559